


Teach English Overseas



Seats Available, Call Now!

Free Teach Abroad Seminar
Tuesday April 7th
@ 7:00pm

United TESOL 562-8370
International College of Teacher Training
41 York St.

www.unitedtesol.com

The world's largest global newspaper

metro



OTTAWA • TUESDAY, APRIL 7, 2009

metronews.ca

FROM OUR DELI



JOHNNY FARINA
RESTAURANT

TAKE HOME DINNER, DELIVERED TO YOUR OFFICE!

\$7.75 PER PERSON, 2 MINIMUM

216 Elgin Street • 613-565-5155

Gatineau inmates injured in attack

CRIME Two Gatineau jail inmates are injured in hospital after four men allegedly attacked two others with "random weapons, such as a toothbrush and a toaster" in the maximum security area of the facility late Sunday night.

At 11 p.m., Sureté du Québec police were called to the Gatineau Detention Centre to intervene in a riot, said Const. Steve Lalande yesterday.

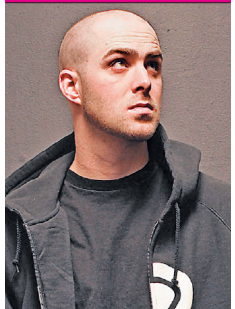
The fight occurred in section B2 after four individuals "reputed to be gang members" allegedly assaulted two other inmates, said Lalande.

Two inmates suffered minor injuries.

While individuals are not pressing charges, the incident remains under investigation.

TRACEY TONG/METRO OTTAWA

Music pg 12



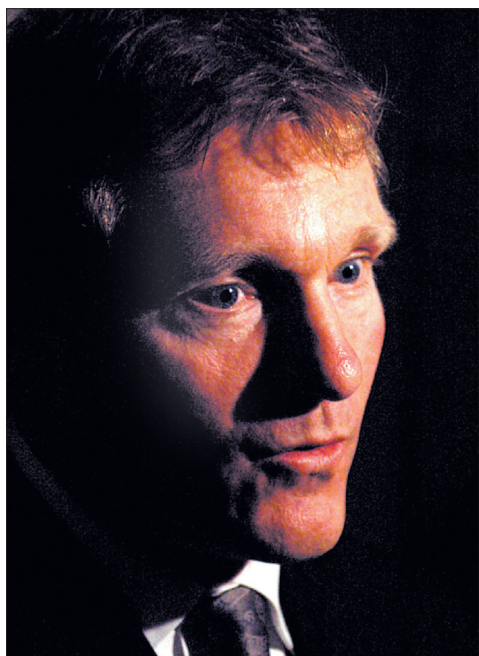
His raps are Classified

World pg 4

Italy recovers from quake

Entertainment 13

Chris Brown in L.A. court



Senators Sports Entertainment chief operating officer Cyril Leeder, left, called the city staff report that ranked the stadium proposal at Lansdowne Park higher than the stadium proposal in Kanata "disappointing," while Minto Developments chairman and CEO Roger Greenberg, right, representing Lansdowne Live!, called on the city to start moving forward with their proposal yesterday.



Ontario will spend \$24M to promote buying local

FOOD The Ontario government is putting your money where your mouth is.

Premier Dalton McGuinty yesterday announced an additional \$24 million will be spent over three years promoting Ontario-grown food in the province's hospitals, schools and other institutions.

"Just as we've moved Ontario wines to the front of the line in the LCBO, we want to move Ontario foods to the front of the line wherever we're buying food in the province of Ontario," said McGuinty, referring to the promotion of do-



McGuinty, referring to the promotion of do-

mestically produced VQA wines in liquor stores.

"It's a significant initiative in the context of a global economic recession to find \$24 million to better promote Ontario foods. It's good for the economy," he said.

He noted the familiar Foodland Ontario logo, which had been used mostly on produce, will now be seen on meat, dairy, eggs and baked goods to highlight their domestic origins.

NDP Leader Andrea Horwath said the government's "buy Ontario" plan should expand well beyond just edible products.

In Ontario, there are 82,000 farmers working on 57,200 farms, with agriculture and food production employing a total of 700,000 people and contributing about \$33 billion a year to the economy.

TORSTAR NEWS SERVICE

Lansdowne aLive?

Senators Sports business plan pegged at 'below expectations'

TIM WIECLAWSKI

tim.wieclawski@metronews.ca

The proposed stadium development at Lansdowne Park got a slight edge over the Kanata proposal in a city staff report released yesterday, but both proposals could still collapse under the weight of a \$100-million price tag for public funding.

The proposal to redevelop Lansdowne Park received a score of 80 per cent according to the evaluation process while the proposal for a Kanata stadium received 70 per cent, with the city staff ranking the Senators Sports and Entertainment business

plan "below expectation." Both plans call for \$100 million in public spending, but that funding could balloon depending on each scenario.

If the city went with a stadium in Kanata, demolished the one at Lansdowne Park and built a new OHL arena, it could cost \$300 million over the next 30 years.

Maintaining the status quo, however, would cost around \$24 million over the next 10 years.

While fixing Lansdowne Park is a priority, funding for a new stadium would likely take away from rapid transit projects and replacing sewer infrastructure, said Mayor Larry

O'Brien.

"It's hard to compare those two priority items with an outdoor sports facility," he said. "As mayor of the city, my first priority is fixing the structures we currently have, but I'm not saying that the Senators proposal won't be part of the long-term solution."

SSE chief operating officer Cyril Leeder called the evaluation disappointing. "The disappointing part from our part is that we've been at this a while and we still haven't had anyone step forward and say this is a good idea from the city's end," he said.

Minto Developments chairman and CEO Roger Greenberg was pleased

that Lansdowne Live! ranked higher, but he wished the report was more definitive in moving forward.

"Let's get going," he said. "We're not too keen on more studies."

Capital Ward Coun. Clive Doucet called the economics for the proposal "really bad."

"It's \$120 million just to rebuild the stadium. Then we hand the whole thing over to the private sector, which should be able to run it at a profit for at least 10 to 15 years with a brand new build. Then as it's approaching renovation time, guess who gets it back? It's a bad deal all around."

LASIK MD
VISION

LASER VISION
CORRECTION

Starting at

\$490 /eye*

GST
PST
LASIK is Tax-Free

NEW FINANCING

Take Until 2014
to Pay

2014

**5 YEARS
TO PAY!**



FREE Consultation: 1-877-769-3030 • OTTAWA: Chambers Building, 42 Elgin Street

* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only. † 60 month financing, starting at 8.9% interest, and subject to Desjardins Card Services credit approval.

Police have charged three Ottawa men in connection with a personal robbery downtown. Three suspects, one armed with a knife, approached three males at Rideau and Dalhousie streets Saturday. Steven Cole, 27, Kevin Rowe, 30, and Joseph Wannamaker, 28, face charges. **METRO OTTAWA**

Local



Suspects sought in armed theft

Ottawa police are searching for a couple of suspects after a man was robbed at gunpoint on Ritchie Street late Sunday. Around 11:50 p.m. police received a call from a man who had been robbed by two men, one of whom had a revolver. The men took the victim's money, bank card and cigarettes, then fled westbound on foot. Both men are described as black males around 18 years old. **METRO OTTAWA**

Woman turns herself in week after gun seized

CHARGES An Ottawa teen wanted by police in connection with the seizure of a semi-automatic handgun at the University of Ottawa last week has turned herself in to police.

On March 31, the Ottawa Police Service Guns and Gangs Unit seized a semi-automatic handgun after executing a warrant at a uOttawa student residence.

They arrested a 22-year-old man who was not a student at the university and charged him with 10 firearm-related offences.

After issuing a warrant for the arrest of a female, an 18-year-old woman turned herself in yesterday.

She faces charges of careless storage of a firearm, weapons dangerous, unauthorized possession of a firearm, possession of a firearm knowing no authority to have firearm, possession of a loaded restricted firearm and possession of a firearm obtained by crime.

Jessica Wallace was scheduled to appear in court yesterday.

TRACEY TONG/METRO OTTAWA

Ottawa hopes for piece of fest pie

TRACEY TONG
tracey.tong@metronews.ca

The feds launched a \$100-million program to help fund festivals and tourism events across Canada yesterday.

And while the Marquee Tourism Events Program hasn't specified which events will benefit, Ottawa — which is known for its breadth of events — is hoping to get a piece of the pie. Festivals are an important

part of Ottawa's cultural identity as well as the economy, said Ottawa Tourism's Jantine Van Kregten.

The program, which brings \$100 million to events over two years, begins this year and ensures marquee tourism events receive the support they need to help them have a successful 2009 season.

In addition to the one-time funding being provided immediately for summer 2009 events, there are two main funding streams: For

Visitors

• Ottawa welcomed approximately 7.8 million visits in 2007, which brought \$1.3 billion into the city's economy.

significant events that have an established international presence and an overall attendance of at least 250,000 visitors; and for smaller events with a minimum overall attendance of 50,000 visitors that either have an international presence or

are proposing to develop one with program support.

Ottawa has many festivals that might be eligible, including Winterlude and the Canadian Tulip Festival, said Van Kregten.

"Events such as Winterlude and Ottawa Race Weekend and the Bell Capital Cup bring significant money into the community," said Van Kregten.

Visitors "stay in hotels, eat in restaurants and visit our attractions," she said.

Even smaller festivals that

don't bring in as many tourists "add to the quality of life and adds to the number of things we can promote to our visitors," she said.

"Marquee tourism events play an important role in bringing Canadians together and attracting international visitors," said Minister of State (Small Business and Tourism) Diane Ablonczy in a press release. "This investment supports the business development needed to help encourage and grow the visitor economy."

Collision Pedestrian hospitalized



Paramedics treated a 58-year-old man for serious injuries after he was struck by a school bus at the intersection of King Edward Avenue and St. Patrick Street at around 10:50 a.m. yesterday. The pedestrian suffered serious head injuries, including facial fractures and a fracture to one hand. He was conscious when paramedics arrived at his side and is in serious but stable condition in hospital.

City bucks negative trend in building

TRACEY TONG
tracey.tong@metronews.ca

While the value of building permits fell across the country, Ottawa is bucking the trend, an analyst with Statistics Canada said yesterday.

Canadawide, the agency reported a 15.9 per cent drop in building permits to \$3.7 billion in February, thanks to decreases in both residential and non-residential

Although the nation's capital saw a decrease in residential building permits — about 12.6 per cent, due to a drop in multi-unit housing projects — single-family home building went up slightly, something that is unusual right now in Canada, said Charron.

Capital

• The biggest reason Ottawa is doing well is because it's a government town, said analyst Nicole Charron, and "being a federal servant town, there might be more activity here."

sectors. In Ontario, there was a five per cent drop in the residential sector and a 60 per cent drop in the non-residential sector.

But provincially, Ottawa is leading the way in the increase of building permits, mostly because of the non-residential sector, said analyst Nicole Charron.

Ottawa saw an increase in permits for industrial and institutional buildings, which sets it apart from the rest of the province.

biggest decreases.

In Canada, the value of residential building permits edged down 0.3 per cent to \$2.1 billion, while non-residential sector permits fell 30.5 per cent to \$1.6 billion and permit values for the commercial component declined 20.4 per cent to \$972 million.

The only area that saw an increase was the industrial sector, which saw a 14.3 per cent increase to \$236 million.

Audit of transit strike cost due late November

BUSES City council will learn the true cost of the transit strike nearly a year after it started.

The city's auditor general is anticipating that the audit of the cost of the strike will be presented to council on Nov. 25.

The approach to the audit would be similar to that

used for examining the 2006 sewage spill in that it would be conducted using internal resources supplemented by external technical expertise as required, but would not exceed the existing budget of the office.

During the 53-day transit strike, OC Transpo general manager Alain Mercier esti-

mated that the city was saving around \$3 million per week while not operating the buses.

After the strike, it was revealed that OC Transpo was forecasting a \$22.7 million budgetary shortfall for 2009 that forced the city to cancel purchasing 25 new buses.

TIM WIECLAWSKI/METRO OTTAWA

metronews.ca

What's online today.

Video An Alberta clinic's intensive program provides new hope for parents of autistic children at metronews.ca/canada
Your Money Allan Small looks ahead to sectors that will lead the way out of recession at metronews.ca/investing



Lotteries

Ontario Pick 3: 3 9 2; Ontario Pick 4: 9 5 3 8

Encore: 0675886

Daily Keno: 3, 8, 9, 10, 19, 20, 22, 23, 31, 32, 34, 35, 36, 40, 43, 45, 49, 54, 57, 67.

These results are not official.

CTV NEWS
Weeknights 6:00

ctvottawa.ca

OTTAWA'S NEWS LEADER

Initiative targets sexual predators

Alberta's Children and Youth Services is asking hotel staff to watch for signs that guests are sexually exploiting children, in a new campaign launched yesterday. After four years of focusing on Internet luring and safety, the provincial department is turning its efforts to "underground" child sexual exploitation. **CBC NEWS ONLINE**

3

Canada



Williams blasts health authority

Newfoundland and Labrador Premier Danny Williams, left, lashed out yesterday at the province's largest health authority, accusing Eastern Health of downplaying revelations it had missed dozens of breast cancer patients in a massive retesting exercise. Eastern Health yesterday disclosed it had somehow missed 43 patients, up from the 38 patients the authority had revealed late Friday afternoon in a news release. **CBC NEWS ONLINE**

More green for energy act: PCs

Tory study points to higher bills

Measures in Ontario's Green Energy Act could increase household bills by up to \$780 a year, according to a global consulting firm hired by the Progressive Conservatives to study the new legislation.

London Economics International found higher energy costs brought on by the legislation would see households pay an average of \$280 to \$780 more per year between 2010 and 2025, mostly because of increased electricity bills.

It also says the Liberal government's claim the act will lead to the creation of more than 50,000 new jobs is "unsubstantiated."

The government promises the act, introduced in February, will create 50,000 "green collar" jobs

over three years and generate economic growth by expediting renewable energy projects and encouraging people to conserve energy.

Energy Minister George Smitherman refuted the consulting group's figures, saying consumers should expect to see their electricity bills increase by one per cent annually. The cost estimates of \$280 to \$780 a year more are based on "wild fluctuations" in projections, he added.

"One per cent per year, incremental on the cost of a person's electricity bill, with corresponding capability through investments in conservation for people to lessen their use of electricity," he said.

TORSTAR NEWS SERVICE

Calgary Iggy on tour



Liberal Leader Michael Ignatieff answers students' questions at a town hall meeting at Western Canada High School in Calgary yesterday. The Liberals have been gaining in popularity according to a recent Leger poll, due to increasing unhappiness over how the Conservatives have been handling the economy.

Doctors give pay for World Health Day

CHARITY About 160 doctors from across Canada are digging deep into their pockets today as part of World Health Day to donate a day's pay to Canadian Physicians for Aid and Relief.

The Toronto-based relief agency hopes to raise close to \$100,000 in its 4th annual Donate a Day for Africa program, says Roxane Tracey, event spokesperson.

TORSTAR NEWS SERVICE

News in brief

FLOODS Sandbaggers on the weekend have put Winnipeg in good position for approaching floodwaters of the Red River, say officials. **CBC NEWS ONLINE**

This summer, your child can learn REAL VIDEO GAME PROGRAMMING

Your child or teen loves video games & does well in math without trying. They may have said that they want to design & program video games as a career! At Real Programming 4 Kids™ your kid can learn the secrets of game design, advanced math & real game programming and have tons of fun!

At RP4K's 6th summer of Ottawa Programming Camps @ Ashbury College we will teach your 9 to 17 year-old **REAL PROGRAMMING LANGUAGES** including; C#, XNA, Visual Basic, Java and C++.

Each student has their own computer and there are never more than 4 kids to an instructor!



Call Real Programming 4 Kids™ (toll free) 1-877-307-3456 and schedule a **FREE NO OBLIGATION TRIAL CLASS** www.realprogramming.com

We're asking Ontarians to sign their ticket as soon as they buy it.

Here's why:

SIGN YOUR LOTTO TICKET

At OLG we are striving to enhance the lottery playing experience for Ontarians. One way we're doing this is by implementing new systems and procedures to make Ontario's lottery system safe and secure. This is why we are asking customers to sign their ticket on the spot, as soon as they buy it. By signing their lottery ticket customers make it easier to identify that a winning ticket is theirs. So, if the



ticket goes missing after leaving the store, and falls into someone else's hands, the signature will help protect any possible winnings from being falsely claimed. By educating customers to sign their ticket, we are providing Ontarians with an added way to protect their winnings so they can continue to enjoy playing. For more information on this or for any questions related to OLG, call us at 1-800-387-0098 or visit us online at www.olg.ca.

OLG

It's not just a game to us.

World

Towns flattened by massive Italy quake

More than 150 people in central Italy were killed by the strongest earthquake to hit the country in decades early yesterday, which left up to 50,000 homeless and flattened entire medieval towns while residents slept.

As rescue workers combed through the rubble for survivors and rushed to set up tents for the homeless, officials declined to estimate the number of missing. Most of the dead were in L'Aquila, a 13th-century mountain city about 100 kilometres east of Rome, and villages and towns in the Abruzzo region.

The quake struck around 3.30 a.m. local time, and aftershocks rattled the area. Officials said that more than 150 people were confirmed dead, some 20 hours after the quake struck with a magnitude of between 5.8 and 6.3.

Emergency services said 60 people had been rescued from the wreckage, including six students trapped inside a collapsed dormitory.

The Civil Protection de-



A couple embrace near the ruins of their house yesterday after an earthquake in the Italian village of Onna, which residents said was essentially destroyed.

partment said up to 50,000 people may have been made homeless. More than 1,500 people were injured

and thousands of houses, ancient churches and buildings collapsed or were damaged. REUTERS

Media covers U.S. war dead after 18-year ban

MILITARY The media was permitted Sunday to cover the arrival of a U.S. armed service member's coffin at the Pentagon's mortuary in Delaware for the first time in 18 years.

A flag-draped coffin bearing the remains of Air Force Staff Sgt. Phillip Myers arrived at Dover Air Force Base. Myers, 30, of Hopewell, Va., was killed in Afghanistan Saturday by an explosive device, the Pentagon said.

The administration of

President Barack Obama relaxed a Pentagon ban on media coverage of returning U.S. war dead in February, allowing families to choose to allow cameras.

The ban was imposed in 1991 during the first Gulf War with some exceptions. Former President George W. Bush imposed a stricter ban during the wars in Afghanistan and Iraq, sparking criticism the government was hiding the human cost of its military operations. REUTERS

Chinese police uncover human trafficking plot

BEIJING Chinese police have detained two people suspected of trying to traffic about 300 people into Costa Rica, state media said yesterday.

The Costa Rican embassy in Beijing became suspicious after receiving visa applications all from southern Guangdong who said they wished to be reunited with their parents who had moved there. The identity cards and birth certificates were forged, the report said. REUTERS

DIABETES



SMOKING

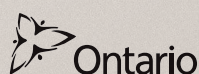


IT'S WORSE THAN YOU THINK.

As with smoking, diabetes contributes to the deaths of thousands of Canadians each year. That's because diabetes puts you at higher risk for heart disease and stroke. And research shows being of Asian, South Asian, Hispanic, Aboriginal or African Caribbean descent increases your chances of being diagnosed with type 2 diabetes.

Type 2 diabetes accounts for 90% of all diabetes cases – but it is preventable.

You can find out how at ontario.ca/diabetes



Paid for by the Government of Ontario

News in brief

FRANCE French surgeons have replaced parts of a burn victim's face and hands using donor tissue, in what their hospital said was the world's first combined operation of that kind. The operation, which gave the 30-year-old man a new scalp, nose, ears,

forehead and eyelids, is only the sixth facial transplant ever.

TURKEY U.S. President Barack Obama told Turkey's largely Muslim but secular democracy yesterday the United States was not at war with Islam, and that it wanted to reinvigorate

efforts towards creating a Palestinian state.

JAKARTA Twenty-four people are feared dead after an Indonesian military plane on a training exercise crashed in wet conditions at a base in West Java yesterday. REUTERS

Surging syrup prices a boon to producers

This season's \$60 US a gallon price tag on maple syrup is turning out to be a windfall for thousands of small, mostly family-run businesses in the United States and Canada. **REUTERS**

5

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Melnik on defensive

Biovail founder accused of misleading investors

Biovail Corp. founder Eugene Melnik said yesterday he made an understandable mistake when he misinformed investors about how a 2003 truck accident that destroyed a product shipment would affect its results, insisting he acted prudently.

At an Ontario Securities Commission hearing in Toronto, the biotechnology company's former CEO said he had gotten caught up in the chaos that followed the fatal accident and mistakenly said the damage would result in a third-quarter 2003 shortfall.

In fact, the shipment of Wellbutrin antidepressant

Settlements

• Earlier this year, three other former Biovail employees agreed to settlements with the commission on allegations stemming from the incident.

applied to the subsequent quarter and was immaterial to Biovail's third-quarter results.

The OSC is investigating the company's disclosure of the incident, which occurred on Oct. 1, 2003, the day after the third quarter closed. Securities regulators have accused Biovail and its officers at the time of misrepresenting how

the accident would affect its results in an effort to gloss over a weaker-than-expected third-quarter performance.

Melnik, the millionaire owner of the Ottawa Senators hockey team and a stable of expensive racehorses, said yesterday he had been unaware before the end of the third-quarter 2003 that the company might miss its earnings estimates.

OSC counsel contends that the company inflated the value of the drugs on the truck to between \$15 million and \$20 million US to justify its revenue shortfall, when the real value was around \$5 million.

REUTERS

Chrysler, CAW talks at standstill

AUTO Talks between the Canadian Auto Workers union and Chrysler to strike a cost-savings deal at the automaker's operations in Canada are at a standstill, likely because Chrysler is focusing on reaching a partnership deal with Italy's Fiat SpA, the union said yesterday.

Chrysler has until the end of the month to produce a plan that proves its viability.

REUTERS

Toronto-based investor facing fraud charges

PONZI U.S. securities regulators charged a Toronto-based fund manager, who describes himself as the "Chinese Warren Buffett," and his hedge fund with operating a multimillion-dollar investment fraud, the Securities and Exchange Commission said yesterday.

The SEC charged Weizhen Tang and the

Oversea Chinese Fund Limited Partnership with operating a Ponzi scheme, where funds from new investors were used to pay purported profits to other investors.

Since as early as 2004, Tang has raised as much as \$75 million US from more than 200 investors for his hedge fund, the SEC said.

REUTERS

Investment strategies for women

Are you looking forward to a financially secure retirement?

Do you need guaranteed income?

Join us to get financial answers to your questions.

Thursday, May 7, 2009 11:45 - 1:00 pm 4:30 pm - 5:30 pm
Constitution Square - RSVP as seating is limited
Refreshments will be served

Guest Speaker:
Jennifer Sinopoli, CI Investments

H. Colleen O'Connell-Campbell,
CFP, CIM, CDFA, Wealth Advisor

Phone: 613-788-6307 Fax 613-782-6737
colleen_campbell@scotiacleod.com www.colleenocconnellcampbell.com

Paid in part by:

CI Investments

Managed by CI Investments Inc.

TM Trademark used under authorization and control of The Bank of Nova Scotia. ScotiaMcLeod is a division of Scotia Capital Inc., Member CIPF. Commissions, trailing commissions, management fees and expenses all may be associated with mutual fund investments. Please read the prospectus before investing. Mutual funds are not guaranteed, their values change frequently and past performance may not be repeated. © CI Investments and the CI Investments design are registered trademarks of CI Investments Inc.

How Much are your Home Phone Bills?



comwave

Enhanced

\$14.95
/month

Unlimited
Local Calling

comwave

Unlimited Canada

\$19.95
/month

Unlimited Calling
Anywhere
in Canada

comwave

One-Rate

\$29.95
/month

Unlimited Calling
Anywhere in
Canada and USA

✓ All Features FREE!

- ✓ Caller ID
- ✓ Voicemail
- ✓ Call Forwarding
- ✓ Call Waiting
- ✓ Keep Your Existing Phone Number
- ✓ Free Comwave to Comwave calls WORLDWIDE!

Call Now and Receive

ONE MONTH FREE!

See How Comwave Compares to the Competition...

Home Phone Line	2 Features	5 Features
Rogers	\$33.95 /month	\$41.95 /month
Bell	\$27.95 /month	\$32.95 /month
Yak	\$34.95 /month	\$38.95 /month



comwave

comwave.ca

Home Phone Lines: * VoIP 911 has certain limitations versus traditional 911. The rates are based on a 2 year term. † The option to keep your existing phone number may not be available in all areas. Credit for monthly fee will be applied to the third month's invoice. Long Distance: Comwave guarantees to match or beat your rate today and forever. Rate Guarantee is based on competitors' lowest advertised rate or written quote for like services. Rates from Rogers based on the rates advertised on www.rogers.com March 27/2009. Rates from Bell are based on the rates advertised on www.bell.ca March 27/2009. Rates from Yak are based on the rates advertised on www.yak.ca March 27/2009.

Interest rates/Savings accounts
METRO NEWS SERVICES

BMO	CIBC	HSBC	ICICI	ING	PCF	RBC	Scotia	TD
1.75%	1.75%	1.75%	2.0%	1.85%	1.65%	1.5%	1.75%	1.25%

Note: Please check bank websites as some rates require a minimum account balance.

Your Money

EDITOR: NINA.DRAGICEVIC@METRONews.CA

Get paper, not plastic

Cash is a better gift than the often underused gift card

SmartCookies



metronews.ca/smartcookies

If you open your wallet, peek in your bedside table or rummage through your dresser drawer, we bet you'll likely find a gift card or two lying around.

The business of gift cards is a multi-billion dollar a year industry; with retailers making millions in revenue from unredeemed cards.

If you need to buy someone a present, and you're debating a gift card, we'll settle that debate right now: Don't.

While the gesture is nice and it might say that perhaps you've put a little

more thought into your gift, it can actually end up being more costly in the end.

Unless you are certain that the gift card recipient will be making a big purchase and could use that money to put towards the item, or you know for sure that the card will go to great use, cash is always better. It's just as thoughtful (and easier for everyone) to put some money in a nice card and add a note mentioning that this is to put towards whatever they happen to love or are saving for. Let's be honest, who wouldn't much rather have cash?

Here's the main problem with a gift card. If you can't find anything you want in that particular store, the card goes to waste. Or often you end up with \$4 remaining on your card and then have to spend even more cash just



Do you like giving gift cards? Try cash instead — it's easier and guaranteed to be spent or saved as you intended.

to use up that remaining money.

If you are going to go the gift card route, to avoid giving someone a card for a store they may not shop at, buy one from a mall. That way they will have more selection and more opportunity to use every last cent on the card.

If you are on the receiving end of a card for a store you would never dream of stepping foot into, you can

always try to sell it online. There are sites, such as plasticjungle.com where you can sell or trade your gift cards.

A few more things to keep in mind: Make sure the gift card you purchase does not have an expiry date. If your card expires before you've had a chance to use it or exhaust its value, contact the issuer. They may extend the date, although they may charge a fee to do it.

If you receive a card for a store you don't shop at and don't plan to sell or trade, re-gift it to someone you know shops there.

Email us at smartcookies@metronews.ca and visit smartcookies.com for more on saving, smart spending and making more dough.

Tune in Monday nights at 10:30 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

HISAVE Savings Account

Apply online: icicibank.ca2.00% ^{CS}

ICICI Bank

An interest rate is expressed as a per cent value and the interest is charged any time without notice, interest on related Savings Accounts is calculated on the daily opening balance and paid monthly. ICICI Bank and logo and the HISAVE name are registered trademarks.

Private school deductions

MoneyMatters

Henry Choo Chong

metronews.ca/moneymatters

Q My wife and I chose to send my son (who is seven years old) to private school. This year, we were told by the school that our child does not qualify to deduct the full tuition. We have always done so in the past. Is this correct? How much can we deduct?

— Frank and Maria

A Childcare expenses can be deducted for children up to 16 years of age. Generally, the parent with the lesser income must claim the deduction (there are other circumstances when the



Your private school will determine what portion of tuition is considered childcare for deduction purposes.

higher income may claim).

A Parent may deduct as following — the lesser of:

- The actual amount paid
- Two-thirds of the parent income
- \$7,000 for children under seven years old/\$4,000 for children between seven and 16 years old.

Generally, private school tuition is not considered childcare, however an amount maybe apportioned to childcare. Your educational institution will determine what portion is childcare. Parents of children in religious or affiliated institutions may qualify to deduct the non-childcare portion as charitable donations. Check with your tax adviser.

Q Last year was my first year as a real estate agent. Can I deduct home cost from my commissions? — Ali

A Yes! Provided it is your principal place of business or used exclusively to earn income and to meet customers on a regular and continuous basis.

Your claim is limited to the income earned in the year as an agent. Real estate agents and commissioned individuals should see their accountant for other claims allowed.

Henry Choo Chong, CGA, provides professional tax solutions. choochonghcg@yahoo.ca.

Investing

Allan Small

Allan Small discusses strategies on how to profit on the current market. Visit metronews.ca/investing

Become a Certified Teacher

SUNY Potsdam offers **teacher certification programs**, full time on campus and part time in Ottawa.

- Program entry requires bachelor's degree with competitive grades.
- Students are placed in Ontario for student teaching.

Accepting applications for the Master of Science in Teaching (MST):

OFF-CAMPUS PROGRAM (Ottawa): visit www.potsdam.edu/ottawa

Childhood Instruction (Primary/Jr. Divisions) begins August 2009

ON-CAMPUS PROGRAMS:

Childhood Education (Primary/Jr. Divisions) begins May 2009, August 2009, January 2010

Adolescence Education (Intermediate/Sr. Divisions) begins May 2009: Math, Science, Social Studies / begins August 2009: English

INFORMATION SESSIONS (sessions begin at 7 pm)

• April 7, 2009

Best Western Fireside Inn, 1217 Princess Street, Kingston

• April 8, 2009

Ottawa Catholic School Board (Board Room), 570 West Hunt Club Road

Make your reservation by calling or e-mailing: 1-800-458-1142 (ext. 1) graduate@potsdam.edu

Driving time to Potsdam from:
Kingston (115 min.) • Brockville (65 min.)
Ottawa (100 min.)

Potsdam
THE STATE UNIVERSITY OF NEW YORK

www.potsdam.edu/academics/GradStudies

BETWEEN 15 AND 30 YEARS OLD?

Interested in starting a small business?
Get paid while receiving training/business consultations.

**The National Capital Region YMCA-YWCA
Enterprise Centre**

Call Zena at 237-1320 ext. 4173
Funded by Service Canada and CIBC.

Entre 15 et 30 ans?

Intéressé(e) à démarrer une entreprise?
Soyez payé(e) pendant la formation/consultations d'affaires.

**Le centre d'entreprise
du YMCA-YWCA de la région de la capitale nationale**

Appelez Zena au 237-1320 poste 4173.
Financé par Service Canada et la Banque Impériale du Canada.

We build strong kids...
strong families...
strong communities.



Dévoué au mieux-être
des enfants... des familles...
des communautés.

YMCA-YWCA



Tuesday, April 7, 2009

metronews.ca

metro

LOCAL

Managing Editor, Tracey Tong
Sales Manager, Dara Mottahed

Distribution Manager, Bernie Horton

NATIONAL

Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart

Assoc. Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst. Managing Editor, Amber Shortt

Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mktg Director, Jodi Brown

7

Comment & Views

Comment

Don't mess with Mulroney

National Report

Lawrence
Martin

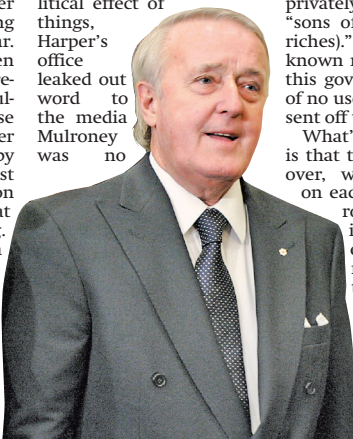
metronews.ca/nationalreport

Crossing paths with a close associate of Brian Mulroney the other day, something quickly became clear. Prime Minister Stephen Harper had better be careful. The confidant said Mulroney was seething, close to the breaking point over the treatment of him by Harper's office. He just might unload, he said, on Harper in a way that would be devastating. "You know how Brian gets."

Brian Mulroney may not be popular among average Canadians, but among the Tory faithful he has a lot of admirers. Among historians he is becoming increasingly appreciated with time.

He won two majority governments, something Stephen Harper will probably never do.

Because Mulroney is once again tangled up in the controversy over his taking money from arms dealer Karlheinz Schreiber, Harper has sought to distance the party from him. Worried as usual about nothing else except the political effect of things, Harper's office leaked out word to the media Mulroney was no



longer even a card-carrying Conservative.

Even if that were true — and Mulroney denies he threw out his membership card — it's not something the Prime Minister's Office should be doing.

The Mulroney associate said he could understand the Harper team wanting to keep some distance in the formal sense. But even privately they were being "sons of ..." (rhymes with riches). This is the well-known modus operandi of this government. If you're of no use politically, you're sent off to Alcatraz.

What's unusual this time is that the row has spilled over, with Conservatives on each side of the Mulroney question going after one another in a caucus meeting and going to the media to air their discontent.

This is a party which, thanks largely to Stephen Harper, has been remarkably unified and disci-

plined over the last three years. Now there are cracks — and for no good reason. The Mulroney controversy was aired out last year before a parliamentary committee. Canadians did not appear to let the matter affect their judgment of the Harper government.

But by overreacting, the prime minister's men have brought it into the spotlight. They have awoken long-simmering divisions between those on the old Reform side of the party who never liked Mulroney and those on the old Progressive Conservative side who remain his allies.

Brian Mulroney remains an influential man. That's why Liberal Leader Michael Ignatieff telephoned him (how quaint) recently to wish him happy birthday on his 70th. Had Prime Minister Harper done a little schmoozing like that, there would be none of these problems.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.



Worth mentioning

That's the spot: Study shows how itching brings relief

Scratching an itchy spot turns off an itch "switch" in the spinal cord, U.S. researchers said yesterday in a finding they think could lead to better treatments for itching disorders.

Tests on monkeys showed scratching short-circuits itch signals to the brain.

Understanding how this works may lead to new treatments for people with diseases such as AIDS or Hodgkin's disease that cause itching not easily relieved by antihistamines or steroid creams.

"There are more than 50 diseases that produce itch that can't be easily treated," Glenn Giesler Jr. of the University of Minnesota, whose study appears in the journal *Nature Neuroscience*, said in a telephone interview.

In earlier studies, he and colleagues showed neurons in

a special part of the spinal cord known as the spinothalamic tract become very active when itchy substances are put on the skin. Giesler said itch sensations — which are a form of pain signal — are sent to a region of the brain known as the thalamus.

But it has not been clear how scratching interferes with the itch signal. "We wanted to know how scratch works. How does it relieve itch?" Giesler said.

His team studied monkeys to find out what happens to these nerves when an itch is scratched. They painstakingly attached tiny electrodes to individual nerve fibres responsible for transmitting the itch signal to the brain. Then they injected a substance under the skin to make the monkeys itchy. When they scratched the itch, Giesler said the itch signal "magically" disappeared.

Giesler said the next step is to figure out how that circuit works, and what are the chemical messengers or neurotransmitters that are involved in this process.

REUTERS

Views

Gun control victim in Harper legislation



Wendy
Cukier

After a high-profile shooting, politicians flock to cameras to express outrage and sympathy for the victims. But as elections loom they focus on the complex calculus around votes. Many Canadians are aware of the influence of the powerful National Rifle Association in the U.S., but are astonished to learn how the gun lobby drives the agenda in Canada. Speaking recently to the Ontario Federation of Anglers and Hunters, Prime Minister Stephen Harper advocated dismantling essential parts of gun control in Canada and then introduced legislation to the Sen-

ate. The proposed law will eliminate the registration of rifles and shotguns, including the powerful semi-automatic rifle like the one used by Marc Lépine at L'Ecole Polytechnique in 1989.

The gun lobby cries, "Punish criminals, not law-abiding gun owners." But where do criminals get their guns? While smuggled handguns fuel crime, so do Canadian guns diverted through theft and illegal sales. And legal gun owners sometimes go off the rails. The Canadian Association of Chiefs of Police say any gun in the wrong hands is dangerous. All firearm owners need to be licensed and

all firearms need to be registered.

How exactly does filling in forms constitute "punishment"? We need licences to drive. In most cities we need permits to own dogs and even cats. It's not called "punishment." It's called being responsible and accountable.

Certainly, too much money was spent licensing two million gun owners and registering seven million firearms — \$100 million per year over 10 years according to the auditor general. But the money is gone. It can't be reinvested. The RCMP says ending the registration of long guns will save about \$3 mil-

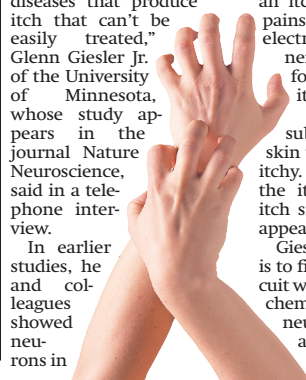
lion per year.

Controlling firearms is not a panacea, but it does reduce the risk of gun violence. What sense does it make to dismantle a system that is working? Suicides, particularly among youth and murders of women with guns, have plummeted. Homicides with rifles and shotguns have declined precipitously — 32 people were murdered with long guns in 2007 compared to 107 in 1991.

Priscilla deVilliers, whose daughter Nina was abducted and murdered, reminds us: "Six separate inquiries recommended licensing and registration of guns, including the inquiry into my daughter's death."

Wendy Cukier is president of the Coalition for Gun Control.

"Controlling firearms is not a panacea, but it does reduce the risk of gun violence."



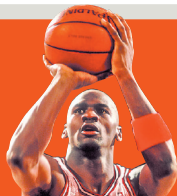
It's your turn to tell others what you think. Email your thoughts and opinions to: ottawaleaders@metronews.ca

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.



Raiders sign Garcia: Report
Veteran quarterback Jeff Garcia will join the Oakland Raiders, who signed the 39-year-old signal-caller to a one-year deal, according to the Contra Costa Times. Garcia spent his first five years in San Francisco after leaving the CFL. **METRO NEWS SERVICES**

Sports



Jordan headed to Hall of Fame

Former NBA superstars Michael Jordan, David Robinson and John Stockton headline the 2009 class for the Basketball Hall of Fame. Joining the three members of the NBA's 50th Anniversary Team in this year's class are coaches Jerry Sloan and C. Vivian Stringer. Enshrinement festivities in Springfield, Mass., are scheduled for Sept. 10 to 12. **METRO NEWS SERVICES**

EDITOR: JOHN.CHICK@METRONEWS.CA

NCAA Playing for the title



Michigan State Spartan Kalin Lucas goes up for a basket against University of North Carolina Tar Heel Deon Thompson during the NCAA men's championship basketball game last night. For game results, visit metronews.ca/sports.

Senators sink Habs

NHL RESULT
Senators 3 Canadiens 2



Dany Heatley scored twice in a span of 38 seconds in the third period to help the Ottawa Senators edge the Montreal Canadiens, 3-2, at the Bell Centre yesterday.

Chris Campoli scored the other goal while Alex Auld made 20 saves for the Senators, who have won their last two games over playoff-hopeful teams.

"It was 2-1 going into the third, we were in the game and had a chance of winning and it proved true," said Heatley. "I missed a one-timer in the first, but the other two hit the mark. We took advantage of their defence tonight with a couple of quick goals and



Ottawa Senators goalie Alex Auld makes a save as teammate Anton Volchenkov and Montreal Canadien Maxim Lapierre fight for the puck last night in Montreal. The Senators won 3-2.

then hung on."

Alex Kovalev and Roman Hamrlik each had a goal for the Canadiens, who had won five of six coming into the game.

Jaroslav Halak made 20

saves in the loss.

Montreal sits in the seventh spot in the Eastern Conference with 92 points, three ahead of the Rangers and Panthers. Montreal plays the Rangers today in New York.

"These are points you have to have," said Montreal right wing Tom Kostopoulos. "It's tough to come out on the losing end. We still have an opportunity to bounce back with three games to go."

Trailing by a goal, the Senators took the lead thanks to Heatley's heroics.

The first goal came at the 11:23 mark of the third. Jesse Winchester worked the puck in the Montre-

al end and dished it to Mike Fisher, who skated to the right side of the net before sending it out front where Heatley redirected it in.

Moments later, Heatley gave the team a 3-2 lead as he rushed down the ice with the puck and from the left circle he snapped a wrist shot past the glove of Halak.

METRO NEWS SERVICES

Globetrotter legend still holding court for fans

BASKETBALL Curly Neal is a little cranky and quite tired as he gets ready to tuck into a plate of bacon, eggs and waffles in a Toronto restaurant late one recent morning. It's been, almost seven hours since he woke up in Montreal and about 11 hours before he'll call it a night in London.

Even for the irrepressible and iconic Harlem Globetrotter, that's a heavy day of travel, media obligations and being "on," but when you're Curly Neal discontent isn't put on public display, no matter the circumstances.



So when the four guys of a certain age at a table across the way recognize the bald head and the smile, it's time for the 67-year-old Neal to go to work.

"Saw you in Worcester when I was a kid," one of the gawkers says as he approaches the table. "Oh yeah," says Neal, rising to shake hands. "Worcester. Great city. Glad to see you. Come on out and see us when we're here."

The gentlemen move on, filled undoubtedly with memories of Neal, Mead-

owlark Lemon, buckets of confetti, Red Klotz and basketball as pure entertainment. "Guys like them recognize every-where," says current Globetrotter Moo Moo Evans. "And the first thing they say is, 'When you guys playing, I've got to bring my son, I've got to bring my daughter.' Everyone remembers him."

And as if a switch has been turned on, Neal's off, telling stories and selling the current version of the legendary Globetrotters, as enduring a sports entity as exists in the world today.

"We need more laughs in this world," says Neal, whose Globetrotters make a swing through Oshawa, Mississauga and Kitchener this week. "Everybody's all stressed out. Have some fun, have a sense of humour."

TORSTAR NEWS SERVICE

SAY YES

Buy YES MAN on Blu-Ray Hi-Def and DVD Today!





Tuesday, April 7, 2009

metronews.ca

metro

Wilson picked to coach U.S. team

Toronto Maple Leafs head coach Ron Wilson has been selected to guide the United States men's hockey team at the 2010 Winter Olympics in Vancouver. Wilson will also coach the United States' entry in the 2009 World Championship. **METRO NEWS SERVICES**

sports **9**



Toronto Blue Jays starting pitcher Roy Halladay throws against the Detroit Tigers during the first inning of the Jays' home opener in Toronto yesterday. The Blue Jays won 12-5.

Jays win opener

MLB RESULT

Blue Jays 12, Tigers 5

Adam Lind went 4-for-5 with a home run and finished with six RBI and two runs scored, as the Toronto Blue Jays routed the Detroit Tigers, 12-5, in the season-opener for both clubs last night in Toronto.

Travis Snider had a solo homer while Lyle Overbay drove in a pair of runs for the Blue Jays, who finished the 2008 campaign with an 86-76 overall mark, which was good enough for fourth place in the powerful AL East. Aaron Hill, Vernon Wells and Scott Rolen each drove in a run in the win.

Roy Halladay (1-0) got the win, going seven innings and giving up five runs on six hits with two strikeouts and a walk. Halladay, who was making his seventh straight Opening Day start, was 20-11 with a 2.78 ERA

in an AL-high 246 innings pitched a year ago.

Curtis Granderson had a solo homer and Brandon Inge offered a two-run blast for the Tigers, who lost their first seven games last year and were out of the playoff race by August, as the club became the most expensive last-place team in baseball history. Gerald Laird and Carlos Guillen drove in a run each in the setback.

Justin Verlander (0-1) was addled with the loss after giving up eight runs on eight hits in 3½ innings of work. After posting 35 wins between 2006-07, Verlander had a miserable 2008 campaign, going 11-17 while pitching to a dreadful 4.84 earned run average.

Elsewhere in Major League Baseball action yesterday:

It was Baltimore Orioles 10, New York Yankees 5; Texas Rangers 9, Cleveland Indians 1; Arizona Diamondbacks 9, Colorado Rockies 8; Chicago Cubs 4, Houston Astros 2; Florida Marlins 12, Washington Nationals 6; Los Angeles Dodgers 4, San Diego Padres 1; New York Mets 2, Cincinnati Reds 1; and Pittsburgh Pirates 6, St. Louis Cardinals 4.

METRO NEWS SERVICES

Weir eager to take on shortened Augusta

GOLF Former winner Mike Weir has relished playing at Augusta National since his very first U.S. Masters but he is especially looking forward to this week's edition on a layout shortened by 10 yards.

The left-hander from Sarnia, Ont., is no fan of some of the recent changes made at Augusta, which has controversially been stretched by almost 500 yards since Tiger Woods clinched his maiden victory there in 1997.

South African Trevor Immelman won last year's title with an eight-under total of 280, triumphing by three shots over Woods after shooting a final-round 75 in tricky, swirling winds.

Throughout that week, the birdie roars that have traditionally lit up Augusta National's back nine were strangely silent on a layout lengthened to 7,445 yards.

"The tournament had become a little bit like the U.S. Open, it had become such a grind," Weir told Reuters in an interview.

"All the majors should be difficult but I think quite a bit of the excitement was maybe taken away in the last few years. It has been quite quiet on the back nine."

"All the majors should be difficult but I think quite a bit of the excitement was maybe taken away in the last few years. It has been quite quiet on the back nine."

Mike Weir

cult but I think quite a bit of the excitement was maybe taken away in the last few years. It has been quite quiet on the back nine.

"Trevor shot two over par on the back nine last year and won the tournament. That never used to happen because someone would shoot 30 or 31 and make a big charge."

"I heard a stat that none of the leaders has shot better than two under in the last 10 years on the back nine," said Weir, who became the first Canadian to win a major with his playoff victory over American Len Mattiace at the 2003 Masters.

"So something special was taken away from the Masters. If you take a lead into the back nine and shoot even par or one under, you're probably going to win the tournament because it's so hard to make birdies out there now."

Organizers will also have the flexibility to shorten the course further in the event of poor weather this week, a move applauded by Weir.

"To try to bring back the roar of excitement on the back nine is the right thing to do," he said. "It's tough enough for the players and it brings a lot more excitement for the fans as well."

Weir's maiden major title at Augusta National six years ago was largely set up by the quality of his wedge play and putting.

At a venue renowned for its heavily contoured and slick greens, this is the one department of his game that he prays will be in top form for this year's tournament.

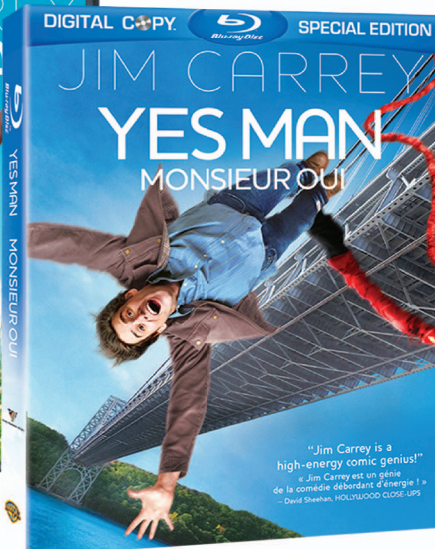
"If one particular part of your game is off, you don't want it to be your wedge game and your putting," the 38-year-old said. "You want that to be your strength."

REUTERS

Available at

Walmart

Save money. Live better.





Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Eat less, remember more

Calorie restricted diet helped elderly's memory performance: Study

CELIA MILNE
for Metro Canada

A German study has found that eating less may help improve memory in older people.

The findings suggest that simply eating fewer calories could help fend off dementia, a benefit that has been shown in animal studies in the past.

Researchers divided 50 healthy elderly people into three groups. They ranged in weight from normal to slightly overweight.

The study took place over three months. The first group received 30 per cent

calorie restriction; the second group received a higher amount of "good fats" found in olive oil and fish (but the same total fat intake); and the third group proceeded with a regular diet.

Memory performance was measured before and after the three-month period, using standardized tests.

The people who were on

"Our study provides some first evidence on the impact of calorie restriction on memory in the elderly."

Dr. Agnes Flöel, a neurologist at the University of Münster in Germany

calorie restriction had a boost in memory of about 20 per cent, while those in the other two groups had no change.

"They remembered more words on average from a word list, with an average of about a fifth more," Dr. Agnes Flöel, a neurologist at the University of Münster in Germany, told Metro in an email.

"Our study provides some first evidence on the impact of calorie restriction on memory in the elderly, but this study has to be followed up now by us and hopefully others," added Flöel, who led the study.

The next step is to try to repeat the findings in a larger group of healthy elderly people and to try to figure out why calorie restriction can aid memory. Then, the group plans to study the use of calorie restriction in those with mild cognitive decline.

Memory loss is quite



Eating fewer calories may help fend off dementia, reported a recent German study.

common. A recent survey found that 58 per cent of Canadian baby boomers (ages 40 to 60) have had short-term memory loss over the past year.

Much more serious is Alzheimer disease, which affects a small number of young people, and one in 20 Canadians over age 65 (one in four over age 85). The Alzheimer Society of Canada predicts that in the next 25 years, Alzheimer disease will more than double in the Canadian population.

Flöel warned that people who already suffer from Alzheimer disease might not be good candidates for calorie restriction, since they tend to lose weight anyway, and become emaciated.

"To implement calorie restriction at this stage might actually be too late for any brain-beneficial effects, and might be detrimental to them as far as their general health status is concerned," she reported.



The Body Shop's Deep Sleep Dreamy Pillow & Body Mist, \$16, was designed to aid a peaceful rest.

Canadians losing sleep over the crunch: Research

WELL-BEING Is the global credit crunch taking its toll on you?

That's what new research from The Body Shop suggests. The recently conducted online survey reveals two out of every five people (41.9 per cent) are losing one hour or more of sleep each night than in previous years, with women being more affected than men.

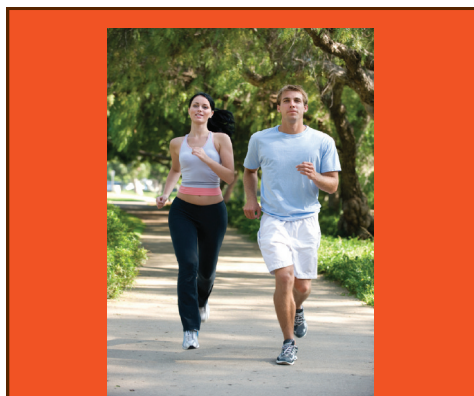
Financial worries were the number one sleep deprivator, cited by 29 per cent of respondents.

The good news was that most people's antidote to sleeplessness was a cost-free one: Sex. A third of men (34.6 per cent) and 23.4 per cent of women revealed this as the best remedy.

For a less frisky solution, the beauty retailer launched a new Deep Sleep Dreamy Pillow & Body Mist product (\$16). It includes chamomile, jujube date and geranium.

The Body Shop Sleep Survey was carried out online by Zoomerang.com.

METRO NEWS SERVICES



Fueled by Weider. Naturally.

Introducing Weider Daily Naturals
A line of All-Natural active living supplements.
Every Weider Daily Naturals product is:

- ✓ 100% free of artificial sweeteners, flavours, colours or preservatives
- ✓ Vegetarian
- ✓ Diabetic-friendly
- ✓ Gluten-free (Excluding Daily Greens)



Available at:



For More Information:
www.weider.ca

ATTENTION

Summer Students Welcome

**Training incentives and bonuses!
Scholarships programs available**

Average \$20 per hour

NO EXPERIENCE NEEDED

Product training provided for accepted applicants

**To schedule an interview call
613-216-7366**

In brief

DRINKS Want to help your kids keep the weight off? Just give them water instead of soda and other sugar-sweetened drinks, researchers advised Monday. One analysis of the diets of children and teens in the United States showed they drink, on average, 235 "empty" calories in sugar-sweetened beverages each day.

When these drinks are cut out, the average child does not make up for them by eating or drinking more calories elsewhere, the researchers said. In a second study, Dutch researchers found children would cut out sugary drinks before they would exercise or abandon snacks.

REUTERS

Dental linked to heart disease

Dental problems have a powerful link to heart disease, especially in men under 60. In a 2008 study, Boston University researchers looked at 1,203 men who had had frequent medical and dental check-ups for up to 35 years. **BEST HEALTH MAGAZINE**

health & beauty 11

Soaps push the envelope

The J Spot

Josey Vogels

metronews.ca/thejspot

Guiding Light, not just the longest running soap opera, but the longest running scripted broadcast series ever (it started on radio in 1930 and moved to television in 1952 where it has broadcast five days a week ever since) will no longer shine as of September.

Mine was a General Hospital household. I was 17 when Luke and Laura wed, apparently one of 30 million people who tuned into the highest rated hour in American soap opera history. Okay, given Laura fell in love with Luke after he drunkenly raped her made for a less-than-conventional romantic love story, but that's what soap operas have always done best — taken reality, and given it a hyper unrealistic spin.

That's why they were such a hit with clothes iron-wielding housewives, whose greatest daily drama was whether to serve meatloaf or tuna casserole for dinner.

But while soap operas have long been stereotypically dismissed as a frivolous indulgence that house-bound women waste their time watching while ignor-



A scene from the longest running soap opera Guiding Light. Soaps are progressive in terms of sexuality, says our columnists.

ing their domestic duties, one could argue that soap operas have often been on the cutting edge of mainstream TV, at least when it comes to sexuality.

Soap operas were dealing with storylines that involved abortion, unwanted pregnancy, domestic violence and infidelity back in the late '60s and early '70s, long before primetime TV touched the stuff. As the World Turns introduced a gay character in 1989, All My Children introduced an AIDS-related storyline in 1988 and One Life to Live included AIDS and homophobia in its storylines. All My Children created a media stir with its first on screen lesbian kiss back in 2003 and introduced a transgendered character shortly thereafter.

Sure, often the most controversial plotlines are brief and usually done to temporarily boost lagging ratings but, given the popularity of soap operas (at their height in the 1980s, two-thirds of all women living in homes with televisions "followed" one or more soap operas), there is no denying their influence.

Losing such a mainstream outlet for these issues is a bit tragic. I just hope we don't end up throwing the baby out with the soapy bathwater and that mainstream television continues to shine some light on sexuality issues that are important to all of us.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

No licorice for transplant patients

CELIA MILNE
for Metro Canada

NUTRITION Licorice can be dangerous after a transplant.

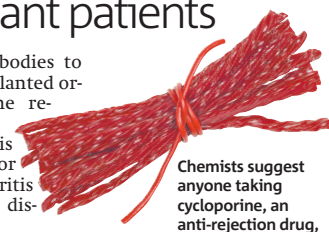
Chemists in Taiwan are reporting that an ingredient in licorice blocks the absorption of cyclosporine, an anti-rejection drug used by transplant patients. Licorice diminishes the effect of cyclosporine and could

cause patients' bodies to reject the transplanted organ, warned the researchers.

Cyclosporine is also used for rheumatoid arthritis and some skin diseases.

The chemists suggest that anyone taking cyclosporine avoid licorice, which is found in foods and herbal medicines.

The active ingredient in licorice that has the nega-



Chemists suggest anyone taking cyclosporine, an anti-rejection drug, avoid licorice.

tive effect is glycyrrhizin. Findings were to be reported at the American Chemical Society's national meeting.

Midearth Travel

738 Bronson Ave., Ottawa
www.midearth.ca

NEW YORK CITY FUN

3 days, NYC and Woodbury Outlets
Dep: April 10, April 11, May 16 and more from **\$179**

USA 4 DAYS BUS TOUR

New York City – Washington DC – Atlantic City
Dep: April 10, April 11, May 16 and more from **\$209**

TORONTO – NIAGARA FALLS

2 days trip, 1000 Islands cruise, Toronto and Niagara Falls
Weekly departure from **\$109**
(ALL INCLUDING BUS & HOTEL)

For more bus tours, please call 613-236-5226 or 613-234-7072

BUS TOUR PACKAGE

GUARANTEED WEIGHT LOSS!

THERMO-LEAN

"After my baby, I was overweight and always tired. I tried Thermo-Lean and lost 51lbs in just 4 months. It was fast and easy!"
Anna Stellato

Thermo-Lean® targets your problem areas and is so powerful... you'll feel it working in only 15 minutes!

- ✓ Lose Weight
- ✓ Control Your Appetite
- ✓ Increase Your Energy

Feel it in 15

888-834-7760
www.thermo-lean.com
Available at retailers nationwide

ADVERTISING FEATURE

YOUR DENTAL HEALTH

OPEN EVENINGS & SATURDAYS

NEW PATIENTS WELCOME

Located in the Rideau Shopping Centre • 613-230-7475
SMILE RIDEAU STYLE

APRIL MEANS TIME FOR SPRING CLEANING!

After another long, cold winter, it is wonderful to think that we are now heading into spring. Springtime always feels like it brings a change in the air and it motivates us to undertake so many new projects. Whether you are cleaning out the garage or discarding years of accumulated items stored in the basement, spring cleaning can clean both the home and the spirit!

However, if it is a positive change in spirit you are looking for, do not stop your spring cleaning with the house. Spring cleaning of the body can also provide a wonderful boost heading into the summer months. And the best place to start is at your dentist's office with a professional teeth cleaning!

No matter how diligent you are with maintaining a good flossing and brushing routine, a professional cleaning does wonders for your mouth. Removing the plaque and bacteria that has accumulated since your last trip to the dentist

possible stage is vital to reduce the incidence of gum disease, tooth decay, bone and tooth loss and other oral health conditions. What is more, removing bacteria and keeping your mouth healthy can help protect you from various infections and other health conditions that are far away from the mouth.

And of course, one should never underestimate the confidence that comes from a healthy, attractive smile! The knowledge that the brilliant spring sun truly sparkles off your freshly cleaned teeth can help provide you with a more positive state of mind.

So do not stop your spring cleaning routine with the house. Visit your dentist's office and step into spring with the confidence that your brilliant smile shows you look after your oral health! Because a professional cleaning from your dentist's office is a healthy habit...and healthier habits lead to healthier lives.

Dr. Peter Georgopolous
Dental Surgeon

has so many benefits.

First of all, it can provide your breath with that spring freshness you crave. Plaque and bacteria buildup are major contributors to bad breath. Many people with persistent bad breath have found that a professional cleaning at their dentist's office was the perfect remedy for their condition.

Secondly, a thorough cleaning is the first line of defense from more serious dental and other health issues. Removing plaque and bacteria at the earliest

Dr. Peter Georgopolous - Dental Surgeon

Beyoncé is officially part of a new girl group. The singer is lending her famous voice to Nickelodeon's animated kids' show, *Wow! Wow! Wubbzy!*, playing Shine, the lead singer of the The Wubb Girls, in four episodes beginning April 27. **PEOPLE.COM**

Entertainment

Electra Dance

Carmen Electra will strut her stuff on *Dancing With the Stars*. She is scheduled to perform with her group, *Cherry Boom Boom*, live on the April 14 episode.

USMAGAZINE.COM

EDITOR: DEAN.LISK@METRONews.CA

Entertainment in brief

MOVIES Tribeca is giving itself a shot to the heart. The New York festival will screen what is described as a work-in-progress documentary about Jon Bon Jovi. The previously unknown picture, titled *When We Were Beautiful*, follows the musician

and his band on their 2008 *Lost Highway* world tour. The Phil Griffin-directed movie will screen as the festival's centerpiece presentation on April 29, with another pair of screenings scheduled over the following three days. **REUTERS**

ATTENTION SECURITY GUARDS

• THE SECURITY ALLIANCE GROUP •

has immediate openings for Security Guards, Mobile Patrol Officers, Bar/Restaurant Guards Armed Escorts, Special Events & By-law Enforcement Officers. Experience preferred but not necessary, training offered.

For an interview call **613.820.3554** Mon-Fri 9am-5pm

GCTC

PRESENTS THE WORLD PREMIERE OF THE ENGLISH TRANSLATION OF

THE NET

BY MARCEL-ROMAIN THÉRIAULT

TRANSLATED BY MAUREEN LABONTÉ AND DON HANNAH

DIRECTED BY MICHEL MONTY

APR 14 - MAY 3, 2009

"Marcel-Romain Thériault has created a masterpiece" *Voir*

Box Office: 613-236-5196 | www.gctc.ca
1233 Wellington Street (at Holland Avenue), Ottawa

Media Partner:
metr
Do it daily.

This rap is Classified

East Coast artist sticks to regular guy vibe on 13th album

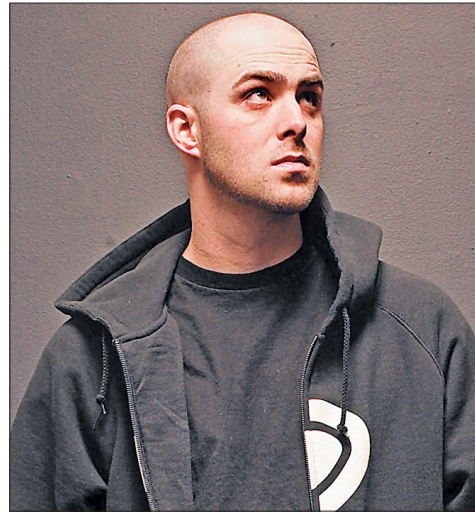
ROB MCMAHON
For Metro Canada

Classified's a rapper you can take home to mom.

That is, unless he's at his own mom's for dinner. She lives around the block from him in tiny Enfield, N.S., — as does his dad and siblings, a handy situation when searching out session musicians.

"My parents just moved down the road five minutes away, and I'm still on same street as my sister and brother-in-law," said Classified (real name Luke Boyd). "(My dad) can play guitar and bass, and on the new album he sings a couple hooks. Both of my brothers are on the record. It's good when the whole family plays instruments — I can call them up and they'll work for cheap!"

In a genre gutted by bling, brittle beats and stories of crime and cocaine, Classified sticks to humour and a 'regular guy' vibe. Now signed to a major label, he insists nothing's changed: He's still living near his parents, smoking ganja, riding his bike and making beats in his home studio. These details come



Self Explanatory is the new album from rapper Classified.

"I wanted to do a song and say look — Other people see a famous rapper, but I'm just a normal dude."

Classified

out in *Self Explanatory*, which is sequenced like a *Choose Your Own Adventure* book. For example, during *Up All Night*, Classified points out the irony of being born with a speech impediment and ending up a rapper.

"I wanted to do a song and say look — other people see a famous rapper, but I'm just a normal dude, I live in a subdivision," he said. "My mom will tell me stories about when I was a kid ... and I just thought it was interesting. I had no

On Tour

• Classified plays the Ritual Night Club in Ottawa May 22.

idea I didn't speak until I was three."

On his lucky No. 13 album, *Classified* both raps and produces. The self-taught beatmaker, like other Canadian rappers (touring partner Shad springs to mind), is a huge '90s hip-hop fan — West Coast for the melodies, East Coast for the grimy drums and soul samples. His beats recall teenage heroes: Dr. Dre, Snoop Dogg, Nas and most notably, Gangstar's DJ Premier.

"I think from 15 to 25 is definitely when you take in the music you like for the rest of life. It was the time when I would just indulge myself, when everything was about music and I always had headphones on," he said.

"(I love that) whole Primo (DJ Premier) cut-up hook — especially on the *Moment of Truth* album. How Primo used vocals and other MC's words as hooks ... I love cutting in an a capella verse and have it flipped into the hook."

Register for Spring!
Inscription du printemps!

Ottawa School of Art - Spring Start Dates:
École d'art d'Ottawa - dates du printemps

April 18 avril	Children's classes Cours pour enfants
April 19 avril	Sunday classes Cours du dimanche
April 20 avril	General classes Cours généraux

OTAWA SCHOOL OF ART
ÉCOLE D'ART D'OTTAWA

Main Campus principal
35, rue George St. Ottawa
613.241.7471
info@artottawa.ca

Orleans Campus d'Orléans
1490, promenade Youville Dr.
613.830.5420
www.artottawa.ca

2GO CUSTOM KITCHENS

Kitchen & Bathroom Cabinetry
Computer Aided Design
In-house Consultation
Professional Installation

CALL FOR APPOINTMENT

1123 Newmarket St. Ottawa, On K1B 4N4
www.2gokitchens.ca
www.dynamicspace.com
613.731.8646

Kitchens for every lifestyle

Underwood wins top country prize

MUSIC Carrie Underwood was named entertainer of the year Sunday at the 44th Academy of Country Music awards,



securing her status as country's hottest star on a night that felt like a changing of the guards.

Underwood became only the seventh woman in 39 years to win country entertainer of the year, snapping Kenny Chesney's four-year winning streak while also receiving the trophy for top female vocalist.

"I've had a lot of good moments in the past four years. This one takes the cake," Underwood said in accepting her entertainer of the year award. **REUTERS**

Leighton yes, Locklear no

Heather Locklear may have passed on the chance to be a part of the CW's *Melrose Place* reboot, but Laura Leighton (right) — who played sassy schemer Sydney Andrews on the original Fox prime-time sudser — has said yes. **TVGUIDE.COM**



Brown pleads not guilty

R&B star Chris Brown pleaded not guilty in a Los Angeles court yesterday to charges stemming from an alleged attack on his girlfriend, pop singer Rihanna.

Brown, 19, entered the pleas during his arraignment in Los Angeles Superior Court.

Rihanna's attorney, Donald Etra, told re-

porters after the hearing that Rihanna hoped a plea bargain could be struck but that she would testify against Brown if required.

Brown and his attorney Mark Geragos did not speak to reporters.

Judge Patricia Schnegg set an April 29 status hearing for Brown.

Los Angeles prosecutors have said Brown attacked Rihanna, 21, during a roadside dispute in his rented Lamborghini last February. A photo of Rihanna's bruised and battered face was leaked onto the Internet.

Brown later issued a statement saying he was "sorry and saddened" about the incident, and

was seeking counselling. The formal charges accuse Brown of assaulting Rihanna "by means of force likely

Brown shoved Rihanna's head against the passenger window, repeatedly punched her in the face, bit her ear and finger, and put her into a headlock. At one stage, the affidavit said, Brown told Ri-

hanna: "I'm going to kill you."

Brown broke onto the Billboard charts in 2005 at the age of 16 with his single Run It! and sold two million copies of his self-titled debut album.

Barbados-born Rihanna also released her debut album in 2005 and had a No. 1 hit single with S.O.S. less than a year later. She followed with three more No. 1's — Umbrella, Take a Bow and Disturbia.



Singer Chris Brown being arraigned in a Los Angeles court yesterday.

to produce great bodily injury" and threatening to commit a crime "which would result in death and great bodily injury." He could face up to four years in prison if convicted.

A police affidavit said

DVD picks

Yes Man

Director: **Peyton Reed**
Stars: **Jim Carrey, Zooey Deschanel**

A RECENT CAREER slump prompts Jim Carrey to put the clown shoes back on, via a movie that will remind you of his Liar, Liar smash of a decade past, only with fewer laughs.

On the upside, Carrey is every bit as eager as Carl Allen, his convert to positive thinking in *Yes Man*. On the downside, he strains at times for jokes that once came so effortlessly.

Carl is the loans officer for a small Los Angeles bank, who thinks his job is to say "no" to everybody who asks for money.

Then Carl meets a self-help guru, played well by Terence Stamp, who tells him that his life will change dramatically if he starts saying "yes" to everything.

Carl embarks on escapades that include learning Korean, taxiing homeless people and



giving out reckless loans.

He also takes up with a daffy gal named Allison, played by Zooey Deschanel, who I believe is required by law to play the daffy chick in at least three movies per year.

Extras include several featurettes, a gag reel and music videos by gag band Munchausen by Proxy.

TORSTAR NEWS SERVICE

On the web

Read the following DVD review at **metronews.ca**:

- The Day The Earth Stood Still
- Doubt

Easter Bunny battle begins

FILM Easter is becoming the new battleground for studios as two competing projects featuring the Easter Bunny go head to head. Sony Animation is preemptively picking up *Hip Hop*, in which the Easter Bunny decides to retire and hides out as a pet with a suburban family, turning their lives upside down. The deal happened at the same time that Illumination Entertainment purchased *I Hop* to act as its first live-action picture.

REUTERS

In brief

FILM Christina Ricci is Born to Be a Star. The actress has signed on for the porn-tinged comedy that Adam Sandler co-wrote. Ricci plays the lead character's innocent girlfriend.

REUTERS

Kenya's Style

Kenya Hunt

Read the blog at **metronews.ca/kenyasstyle**

For complete online movie listings, trailers, reviews and tickets, visit: **metronews.ca/movies**

OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
47/09	265	353	2	TVO	Canadian Waterways	The Agenda With Steve Paikin	The Fixer (Part 4 of 6)	Around the World in a Day	Agenda-Paikin			
	211	331	3	GTV	ET Canada	Entertainment	NCIS "Toxic" (HDTV) (N)	Project Runway Canada	News			
	-	5	SRC	Virginie (SC)	La Factice	Beautés désespérées (SC)	René - Le Destin d'un chef (N)	Le Téléjournal et Les Nou	La Zone			
	209	342	6	CHRO	Instant Star	TMZ (N)	Reaper "Underbelly" (N)	Dancing With the Stars	(10:02) Without a Trace (N)	Comedy Now		
	196	311	7	CTV	Hollywood	etalk	American Idol	(9:01) Fringe (N)	Law & Order: SVU	News (N)		
	208	303	8	CBC	Coronation St.	Jeopardy! (N)	Rick Mercer	Ron James-Road Between	CBC News: The National	The Hour		
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	The Biggest Loser (N)	Law & Order: SVU	News (N)			
	117	713	10	TVA	Les Gags	Star Académie:	La Fievre de la danse (SC)	La Promesse (HDTV) (N) (SC)	TVA 22 heures	(10:45) Denis Lévesque		
	-	11	QS	Loft Story	Pop Corn		Dirty Sexy Money (SC)	Men in Trees: Iecons	Cent dix pour cent (SC)	Loft Story		
	137	763	12	TFO	Panorama		NCIS "Toxic" (HDTV) (N)	The Mentalist (HDTV) (N)	Professionnels			
	-	362	13	CBS	Dr. Phil (HDTV)		News (N)	News (N)	(10:01) Without a Trace (N)	TwoHalf Men		
	216	395	14	OMN2	Raymond	Raymond	Friends	Rita Rocks	Friends	Curb-Enthsm	Curb-Enthsm	News (N)
	214	344	15	CITY	Law & Order: SVU	The Simpsons	News (N)	Friends	News (N)	The Simpsons	King of the Hill	Metropia
	115	343	16	CFMT	2Half Men	El News	The Biggest Loser (N)	Dancing With the Stars	Dr. 90210 "Behind the Mask"	News (N)		
	218	345	18	EL	The Insider (N)	Entertainment	Heure polit.	L'Heure politique	(10:02) Cupid (N)	Tête-à-tête	Dossier public	
	-	361	20	ABC	News (N)		Michael Coren Show	100 Huntley Street	Life Today	This Is Day	John Hagee	
	512	396	24	CPAC	(3) Dossier public		American Idol	(9:01) Fringe (N)	News (N)	News (N)	News	
	651	355	25	CTS	Happy Days		Nova (N) (DVS)	Frontline (N) (DVS)	Living On: Remembering	Charlie Rose	News (N)	
	-	365	36	FOX	TMZ (N)		American Idol	(9:01) Fringe (N)	Law & Order: SVU	News (N)		
	-	64	PBS	Business Rpt.	Walk in Park		The Hour	CBC News: The National	Saving Luna (2007)	National		
	205	312	104	CTV	Hollywood		Campbell Brown: No Bias	Larry King Live (N)	Anderson Cooper 360 (HDTV)			
	502	390	26	NW	CBC News	Newman	(Live)	Sportsnet Connected	Hockey Central			
	500	500	33	CNN	Lou Dobbs Tonight		Grands reportages (SC)	Le Téléjournal (SC)	RDI en direct	Le National	Le Téléjournal	
	406	417	27	net	OverTime	NHL Hockey Boston Bruins at Ottawa Senators. (HDTV)	Departures "Jordan"	Mantracker	Bounty Hunter	Bounty Hunter	Departures	
	126	730	28	RDI	24 Heures en 60 minutes		Low Life	Low Life	Hot Import	Hot Import	Pimp My Ride	
	400	280	30	TSN	(6:30) Curling 2009 Ford World Men's Championship - Canada vs. Norway.		6TEEN	6TEEN	Robot Chicken	American Dad	Moral Ore	
	410	403	52	SCR	NBA Basketball Atlanta Hawks at Toronto Raptors. (Live)		Zack & Cody	Latest Buzz	Ned's School	Cory in House	Zack & Cody	
	411	457	56	OLN	Bounty Hunter	Bounty Hunter	Malcolm-Mid.	Futurama	Family Biz	Prank Patrol	Falcon Beach	Mystery Hunt
	417	406	59	SC	Pimp My Ride	Pass Time	Survivre "Grizzly"	Ranked!	Hogan Knows	Entourage	Gene Simmons	The Daily Fix
	554	544	48	TEL	Totally Spies	Total Drama	CSI: Miami "Burned"	The First 48 (HDTV)	Manhunters	Manhunters	Manhunters	
	557	540	51	FAM	Wizards-Place	Han, Montana	UFC Unleashed	UFC Unleashed (HDTV) (N)	Deadliest Warrior (N)	Ult. Fighter		
	551	542	65	YTV	Adrenaline Proj	Survive This	17 Kids-Count	17 Kids-Count	Toddler's & Tiaras (N)	17 Kids-Count		
	506	580	29	MTV	The Daily Fix		Pekin express: la route des Incas	"Rio Verde-Campo Grande"	Plage	J'y suis, j'y	Journal TV5	
	515	520	31	A&E	CSI: Miami "Burned"		Mutant X	Testees	Trailer Park	Saving Grace (HDTV) (N)	House	
	628	584	32	SPKE	UFC Unleashed		Live at the Rehearsal Hall	Neil Young: Heart of Gold *** (2006, Documentary)	Law & Order			
	521	560	34	TLC	Raising 16 Children		How It's Made	How It's Made	Destroyed	Time Warp (N)	Combat School (N)	Daily Planet
	145	761	35	TV5	Survivre "Grizzly"		Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith
	616	521	39	SHO	The Outer Limits		Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	620	523	40	BVO	Road to Baley		Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	520	505	42	DIS	Daily Planet (N)		Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith
	575	583	43	CMT	Cross Canada Countdown		Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	601	562	45	SLC	Skin Deep	Til Debt-Part	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	625	548	46	COM	Air Force	Just for Laughs	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	524	529	47	TBS	MLB Baseball Atlanta Braves at Philadelphia Phillies. From Citizens Bank Park in Philadelphia.		Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	600	564	49	H&G	House Hunters	Property Virgin	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	627	528	50	SPC	StarGate Atlantis	(DVS)	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	581	566	53	MTV	Mom & Dad	After	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	518	524	54	TROP	Vanity Insanity	Tube Tales	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	522	506	55	HIS	NCIS "In the Dark"		Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	129	773	60	CD	Biographies "Marina Orsini"		Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	261	394	61	V	Murder, She Wrote		Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	602	567	62	W	Will & Grace	Friends	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	269	350	70	APTN	Wings-Canada	Storytellers	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	621	527	71	TLK	The Ellen DeGeneres Show		Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada
	603	561	95	FN	Chef at Home	French Food	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	ET Canada

critics'corner

Miss Naked Beauty

This show isn't all about nudity. In this case, "naked" refers to the absence of cosmetics. Gok Wan, host of the other "Naked" show, and Mylene Klass, host of "10 Years Younger" in Britain, help several promising women learn to look beautiful without powders, polishes and peroxide. The winner gets a modeling gig and her own magazine column. 10 PM on 62 W



Ron James: The Road Between My Ears

Comedian Ron James has crossed the country taking some personal pokes at people, places and things from his native Nova Scotia to British Columbia. In this stand-up special, he milks a whole herd of Canadian sacred cows for laughs. 9 PM on 8 CBC

Without a Trace

The team finds plenty of suspects when a high-end Russian matchmaker disappears in the new episode "Heartbeats." Anthony LaPaglia, Poppy Montgomery, Marianne Jean-Baptiste, Enrique Murciano and Eric Close star. 10:01 PM on 13 CBS; 10:02 PM on 6 SHRO



Miley Cyrus tells Teen Vogue she's just not that into Robert Pattinson and she doesn't think her fans are either. The Disney star is getting more negative in her old age, also making some not-so-nice comments about Las Vegas. [EONLINE.COM](#)

Miley's a Negative Nelly

Celebrity Buzz

Paris declares intent to wed

RELATIONSHIP Paris Hilton says she's so in love with boyfriend Doug Reinhardt that the couple is ready to tie the knot after just a few months of dating. "He's going to be my husband," Hilton tells E! News. "We're best friends."

It's not like we just met. We've known each other over the past year."



METRO
WORLD
NEWS

'Get me my Mercy': Madonna

PEOPLE Madonna returned to Britain "devastated and shaking" after her bid to adopt a second child from Malawi was denied, sources tell the Daily Mail.

The singer is appealing the court's decision, and faces further trouble as a man claiming to be Mercy James' biological father has stepped forward.

Madonna has reportedly told her lawyer, "Do whatever you can to get me my Mercy."



METRO
WORLD
NEWS

Faris folks on defence

PEOPLE Anna Faris' parents are her biggest fans and spend their spare time writing information about the actress online, femalefirst.co.uk reports.

Faris' mother and father wrote her biography on movie site IMDb.com and also frequently fire off emails to journalists and critics who write unfavourable arti-



cles about the actress.

She tells the New York Daily News, "It's mortifying. I love them so much."

They're very proud and supportive, but they do stuff like that all the time. My dad has written to various publications defending me."

And Faris reveals there are downsides to having such techno-savvy parents: "Dad Googles me all the time, which sometimes gets me into trouble. If I've had a drink too many and someone catches it, he'll know."

Faris co-stars as Seth Rogen's cosmetic counter girlfriend in the new comedy *Observe and Report*.

METRO NEWS
SERVICES

Jennifer's wedding paw-ty

PEOPLE Jennifer Hudson's pet dogs will have starring roles at her wedding, femalefirst.co.uk reports.

The singer-and-actress will wed her partner, David Otunga, soon — although she will not reveal an exact date — and wants her three Pomeranian dogs — Dreamgirl, Oscar, and Grammy — to play a big part.

She said: "I want my dogs to be in my wedding. I am so serious." Hudson also hinted her dress could be "the most untraditional thing"

about the day, adding: "Everybody comes down the aisle in a white gown. Maybe I'll give it a twist."

The Oscar-winning actress has lots of experience of marriage ceremonies because of her previous job as a wedding singer.

She added: "Anything I could sing at, I did. I've sung at a lot of weddings and seen a lot of the same things, and I want to make sure this is different — but traditional, and very, very classy."



METRO
NEWS
SERVICES

Shooting mars second wedding

PEOPLE Gisele Bündchen married Tom Brady for a second time this weekend but the ceremony was marred by an alleged shooting at a photographer's car, femalefirst.co.uk reports.

The supermodel and her husband held a second wedding ceremony in Costa Rica on Saturday.

Photographer Yuri Cortez was taking pictures of the wedding from afar using a long lens camera.

He has filed a com-

plaint with Costa Rican authorities claiming that the couple's bodyguards accosted him and demanded he give them his camera's memory card.

He says he refused and drove away — then the security began to shoot the car and the bullets went smashed his windows.

He said: "I put my foot on the accelerator and I heard the gunshot that shattered the rear window and broke the windshield. It very nearly hit me."

METRO NEWS
SERVICES



GETTY IMAGES

Farrah's cancer fight

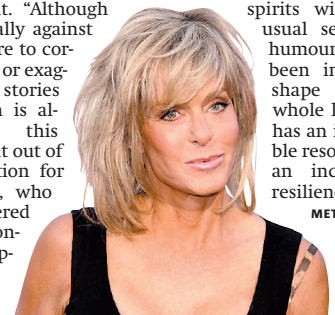
PEOPLE Farrah Fawcett's physician and a producer who works with her have released statements about her condition, following the news that the actress, 62, has been hospitalized in Los Angeles since Thursday. Her current treatment is the latest setback in her long battle with cancer, first diagnosed in 2006, people.com reports.

"I can confirm that she recently checked into a Los Angeles hospital," producer Craig Nevius, says in a statement. "Although it is usually against her nature to correct false or exaggerated stories ... Farrah is allowing this statement out of appreciation for her fans, who have offered their constant support through-

out her fight..." Though Fawcett was photographed in a wheelchair, her physician, Lawrence Piro, said: "The reason she was in that wheelchair is because she had a small procedure while in Germany and left for the airport soon after. She could have stayed in Germany to recuperate for a day or two but she was really very anxious to come home."

"She's able to walk. And she remains in good spirits with her usual sense of humour. She's been in great shape her whole life and has an incredible resolve and an incredible resilience."

METRO NEWS
SERVICES



Aniston back on the market?

PEOPLE Jennifer Aniston was spotted "checking out" a handsome stranger on the weekend, femalefirst.co.uk reports.

The Marley and Me actress, who parted ways with John Mayer last month, showed she was over the musician when a mystery hunk caught her attention at Paul McCartney's concert in New York.

A source said: "She looked really happy. There was a definite glow to her. She couldn't stop smiling. "Jennifer checked out a

cute guy walking in. She looked him up and down twice. She flashed him a beaming smile but got pulled back into a conversation with her girlfriends."

The 40-year-old star, who watched Jerry Seinfeld's stand-up rou-

tine before arriving at the charity concert, spent the evening laughing with a group of friends.

The source added to New York Daily News newspaper: "The girls talked for a bit about how elated Jennifer was to have

free time again. Jennifer laughed out loud at that, as though it were an inside joke."

"She was having so much fun. John and their issues seemed like the last thing on her mind."

It has been claimed Aniston — who had been dating Mayer on and off for around a year — dumped the singer because he wasn't ready to have children and had been spending too much time on the Internet.

METRO NEWS
SERVICES



J.J. SAID
IT WOULD!

J.J. Clarke

ctvottawa.ca

CTV
NEWS

OTTAWA'S WEATHER LEADER

Let's find your smart fit.



BlackBerry® Pearl™
8130 smartphone

\$29.99*
(3 year term)
No term \$499.99



BlackBerry® Pearl™ Flip
8230 smartphone

\$49.99*
(3 year term)
No term \$449.99



NEW Samsung OMNIA™
SCH-I910 smartphone

\$129.99*
(3 year term)
No term \$499.99



NEW Treo™ Pro
smartphone by Palm®

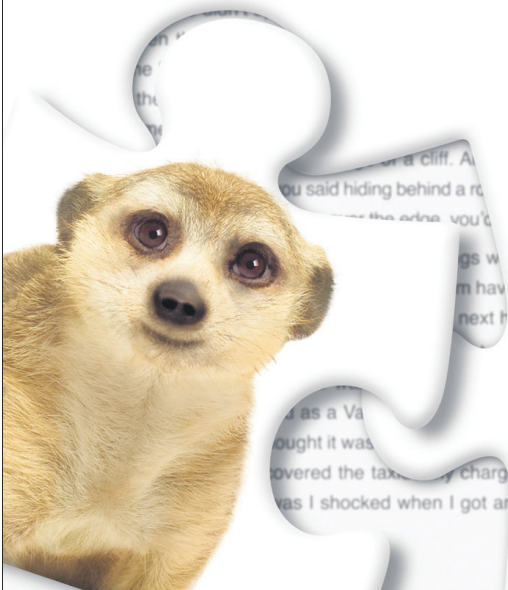
\$149.99*
(3 year term)
No term \$549.99



BlackBerry® Storm™
9530 smartphone

SALE \$199.99**
(3 year term)
No term \$599.99

Whether you're a power communicator, a social butterfly or a multimedia fanatic, we have a smartphone that's just right for you. And with TELUS, you'll get 3G speed in more places.* Visit us in-store or at telusmobility.com/smartfit today, and we'll help you find your perfect fit.



TELUS
the future is friendly®

For more details on these great offers, visit your TELUS store, authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

► FUTURE SHOP

TELUS STORES & AUTHORIZED DEALERS

Ottawa
Ottawa Office Tower
Bayshore Shopping Centre
Carlingwood Shopping Centre
Chapman Mills Marketplace

Rideau Shopping Centre
St. Laurent Shopping Centre
10 - 100 Trainyards, Bldg. C
342 Elgin St.
2950 Bank St.

8 - 1568 Merivale Rd.
530 Montreal Rd.
62 - 2269 Riverside Dr.
1200 Prince of Wales Dr.

118 Holland Ave.
424 Catherine St.
1333 Michael St.
Brockville
2211 Parkdale Ave.

Cornwall
Cornwall Square
2130 Vincent Massey Dr.
Hawkesbury
321 Main St. E

WAL-MART

Kanata
Kanata Centrum Walk
Kingston
Cataraqui Town Centre

103 - 646 Norris Cr.
764 Gardiners Rd.
131 Princess St.
Nepean
39 Robertson Rd.

Orléans
Place d'Orléans
2 - 4312 Innes Rd.
2062 St-Joseph Blvd.

Dominion

Pembroke
Pembroke Mall
Perth
106 Gore St. E

Phone availability and price may vary. Prices are subject to change without notice. *Effective net price after in-store discount at time of activation. Available for clients (new and renewal) who activate on a 3 year term with any non-promotional voice rate plan of \$20 or greater with data add-on. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. **Available until May 4, 2009. Regular price of the BlackBerry Storm on a 3 year term is \$249.99. †Based on total square km of the 3G network vs. Rogers HSPA coverage as of February 2009. TELUS, the TELUS logo and the future is friendly are trademarks of TELUS Corporation. BlackBerry®, RIM®, Research In Motion®, SureType®, SurePress™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited. FACEBOOK is a registered trademark of Facebook, Inc. All other trademarks are property of their respective owners. © 2009 TELUS.